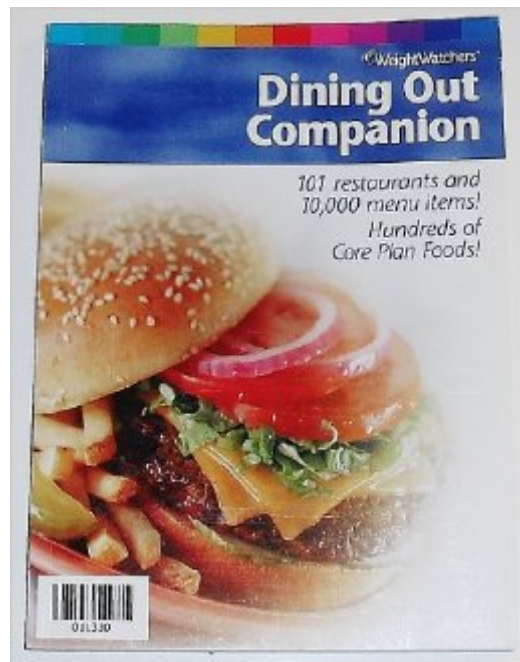


The book was found

Dining Out Companion 101 Restaurants And 10,000 Menu Items! Hundreds Of Core Plan Foods!



Synopsis

LEARN HOW EASY TO PLAN YOUR EAT OUT EXPERIENCE WITH THE DINING OUT COMPANION. WEIGHT WATCHERS HAS MADE 10.000 MENU ITEMS FOR YOU TO CONSIDER

Book Information

Paperback: 288 pages

Publisher: Weight Watchers (2004)

Language: English

ASIN: B001KY2KSA

Product Dimensions: 7.6 x 5.8 x 0.6 inches

Shipping Weight: 8.8 ounces

Average Customer Review: 5.0 out of 5 starsÂ Â See all reviewsÂ (3 customer reviews)

Best Sellers Rank: #275,972 in Books (See Top 100 in Books) #74 inÂ Books > Health, Fitness & Dieting > Diets & Weight Loss > Weight Watchers

Customer Reviews

I love this book! Everything is printed so much bigger so it's easy to read. I am not doing so well on the new program but with this program I once lost 70 pounds.

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great guide

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